



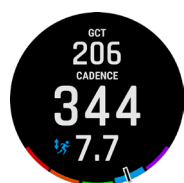
In an ongoing effort to improve our products and provide enhanced features to existing users, we are excited to announce our next smartwatch feature update. The update provides improved functionality and new features for a variety of our fitness and outdoor products.

The free software updates have begun rolling out and will continue to do so over the coming weeks. Customers can update their smartwatches by enabling automatic updates from their devices or by using Garmin Express™ software.

Please see below for a few featured highlights found in the update as well as a detailed reference table at the end of the document.

SMARTWATCHES:

New notable features in this software release include:



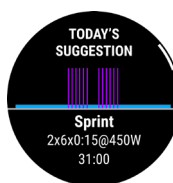
WRIST-BASED RUNNING DYNAMICS:
Now you can measure crucial running metrics such as cadence, stride length, ground contact time and more without additional accessories.



OBSTACLE RACING ACTIVITY:
Track your performance during obstacle course events — with split times recorded between running and obstacle sections while you race.



LOAD RATIO:
Stay healthy and avoid setbacks by tracking short-term and mid-term load ratio to keep your training status on track.



TARGETED ADAPTIVE COACHING FOR CYCLING:
View your entire week of daily suggested workouts directly on your smartwatch — which adapt to match your performance and the demands of upcoming events in your Garmin Connect™ smartphone app calendar.



ALTITUDE ACCLIMATION ENHANCEMENTS:
Enhance your performance when training at altitude with insightful data on how your body is reacting to your current elevation.

Please reference the matrix on page 2 to find out which features are coming to each Garmin device.

COMPARISON:

	Targeted Adaptive Coaching for Cycling	Wrist-based Running Dynamics	Obstacle Racing Activity	Load Ratio	Altitude Acclimation Enhancements
fēnix® 7, epix™ (Gen 2), Enduro™ 2, tactix® 7, MARQ® (Gen 2), quatix® 7	●	●	●	●	●
Instinct® 2 series, Instinct® Crossover			●		
fēnix 6 Series, MARQ, Enduro			●		●
Forerunner® 265	●	●			
Forerunner® 945 LTE	●	●			●
Forerunner® 965	●	●		●	●
Forerunner® 255 series	●	●			
Forerunner® 955	●	●		●	●

KEY

- New feature with the May 2023 software release
- Product already has this feature