ACTIVITY TRACKERS

It’s not about beating the best. It’s about beating your best. Our activity trackers help you kick-start a fit, healthy and productive lifestyle. Wear them 24/7 for a smarter perspective on your life. Stay on top of your fitness goals and daily tasks, and get alerted to important messages, wherever you are. Beat yesterday with Garmin.

step.
walk.
climb.
jog.
movement.

ACTIVITY TRACKERS

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vívofit® 2

Get up and get moving with vivofit

- High resolution, sunlight readable display shows steps, distance, calories burned and time of day
- Gauges your activity level and sets personalised daily goals
- “Time to move” with audible alerts reminds you to stay active throughout the day
- Follows your progress 24/7, even monitoring sleep quality
- Wireless sync via USB ANT Stick or Bluetooth® Smart technology
- Activity timer records activities with or without a heart rate monitor
- Backlit display shows your stats, even in the dark
- Save, plan and share your data on Garmin Connect™
- 1 year+ battery life and water resistant up to 50 metres
Switch up how you move with vívofit 3 – the activity tracker with Garmin Move IQ™

- **Garmin Move IQ™** motion detector automatically records your daily activities such as walking, running, biking, swimming and elliptical training for later review on Garmin Connect™
- High-resolution, sunlight-readable display shows steps, distance, calories burned, intensity minutes, goals and time of day
- Gauges your activity level and sets personalised daily goals
- “Time to move” with audible alerts reminds you to stay active throughout the day
- Follow your progress 24/7, even monitoring sleep quality
- **Wireless Sync** via USB ANT Stick or Bluetooth® Smart technology¹
- **Activity Timer** records activities with or without a heart rate monitor²
- Backlit display shows your stats, even in the dark
- 1 year+ battery life and water resistant up to 50 metres

Customise your vívofit 3 with our Style Collection bands. Available as a bundle with the vívofit 3 module or as accessory bands.
vivosmart® HR

Never miss a beat with Elevate™ wrist heart rate technology

- **Garmin Elevate™ heart rate technology** measures heart rate at the wrist 24/7
- **Intensity minutes** monitors your progress against aerobic activity goals suggested by World Health Organisation
- Get extra credit for **floors climbed** thanks to an integrated barometric altimeter
- High-resolution, sunlight-readable display shows **steps**, **heart rate**, **distance**, **calories**, **floors climbed**, **intensity minutes** and **time of day**
- Displays **smart notifications**¹ with vibration alert, such as emails, texts and calendar updates, as well as weather information
- **Learns your activity level** and proposes a personalised daily step goal; additionally, lets you manually set floors-climbed and intensity minutes goals
- Acts as a **remote device** for VIRB action camera and music on your phone
- **Wireless Sync** via Bluetooth® Smart technology¹
- **Save, plan** and **share** your data on Garmin Connect™
- **Send real-time heart rate data** to other Garmin devices (Forerunner, Edge, VIRB)
- **Sleek silicone** band provides 24h comfort and **touchscreen display**
- **Monitors your sleep** allowing you to keep track of your rest
- Up to **5 days battery life**³ and **water resistant** up to 50 metres

³Based on continuous use. Battery life and range of water resistance vary by model and usage. Some activities may consume the battery more quickly.

¹Garmin Elevate™ requires Bluetooth® connection and smartphone. Garmin Connect™ app required. Music and calendar notifications require Garmin Connect app. Smart notifications vary by partner app.
vivosmart® HR+

Turn your steps into strides with this GPS activity tracker

WRIST HEART RATE
GPS
RUNNING METRICS

• Tracks **distance**, **time** and **pace** using **GPS technology**
• **Garmin Elevate™ heart rate technology** measures heart rate at the wrist 24/7
• **Intensity minutes** monitors your progress against aerobic activity goals suggested by World Health Organisation
• Get extra credit for **floors climbed** thanks to an **integrated barometric altimeter**
• High resolution, sunlight readable display shows **steps**, **distance**, **pace**, **calories**, **floors climbed**, **intensity minutes** and **time of day**
• **Garmin Move IQ™** motion detector technology automatically records daily activity
• Displays **smart notifications** with vibration alert, such as emails, texts and calendar updates, as well as weather information
• **Learns your activity level** and proposes a personalised daily step goal; additionally, lets you manually set floors-climbed and intensity minutes goals
• Acts as a **remote device** for VIRB action camera and music on your phone
• **Monitors your sleep** allowing you to keep track of your rest
• Sleek silicone band provides 24h comfort and **touchscreen display**
• Up to **5 days of battery life** and **water resistant** up to 50m
The luxury of all-day activity tracking without compromising on style

VÍVOMOVE SPORT

• Up to 1-year battery life
• Displays time, move bar and steps on the watch face
• Syncs with Garmin Connect™ via mobile app or desktop to view stats such as distance, steps and sleep in more detail
• Red move bar shows how long you’ve been inactive and reminds you when it’s time to move
• Personalised auto goal appears on vívomove™ display – your step count gets updated throughout the day showing you how close you are to your goal
• Fashionable, timeless design that is easy to use as soon as it’s out of the box
• Customisable, tool-less watch straps let you easily swap your band for leather or silicone
• Variety of watch designs lets you choose the design that best complements your style
• Swim and shower safe – water resistant up to 50 metres (Avoid prolonged exposure to water on leather bands)
GPS SMARTWATCHES

Play harder, work smarter, and beat yesterday with vívoactive. Its built-in activities and smart notifications help you keep a healthy balance between work and life. From your desk to the track, from the golf course to the pool, your vívoactive is with you every step of the way, going places your smartphone won’t.
Play harder, work smarter, live better, with this GPS smartwatch.

- **GPS smartwatch** with high-resolution, sunlight-readable touchscreen colour display
- **Built-in sports apps** for running, cycling, golf and swimming - no phone connection required
- **Built-in activity tracker** counts steps, distance and calories burned
- Displays **smart notifications**, such as emails, texts and calendar updates, as well as weather information
- **Customisable watch faces, widgets and apps** via free download from Connect IQ
- Allows you to **remotely control** your music and VIRB action camera whilst keeping your smartphone in your pocket
- **Monitors your sleep** for later review on Garmin Connect™
- **Water resistant** up to 50 meters
- **Rechargeable battery** lasts up to 3 weeks

**vivoactive®**

**vivoactive colour options**

- Black
- Burgundy
- Blue
- Grey
- White
vivoactive® HR

The GPS smartwatch with Elevate™ wrist heart rate technology

- **GPS smartwatch** with high-resolution, sunlight-readable touchscreen colour display
- **Garmin Elevate™ heart rate technology** measures heart rate at the wrist 24/7
- **Built-in sports apps** include running, biking, swimming, skiing, paddleboarding and more – no phone connection required
- **Intensity minutes** monitors your progress against aerobic activity goals suggested by World Health Organisation
- Tracks **floors climbed** thanks to an integrated barometric altimeter
- **Built-in activity tracker** counts steps, distance, calories burned, floors climbed and heart rate throughout the day
- **Garmin Move IQ™** motion detector automatically records your daily activities such as walking, running, biking, swimming and elliptical training for later review on Garmin Connect™
- Displays **smart notifications**, such as emails, texts and calendar updates, as well as weather information
- **Customisable watch faces, widgets** and **apps** via free download from Connect IQ
- Allows you to **remotely control** your music and VIRB action camera whilst keeping your smartphone in your pocket
- Follows your progress 24/7, even **monitoring sleep** quality
- **Send real-time heart rate data** to compatible Garmin devices
- Up to **8 days battery life** and **water resistant** up to 50 metres

vivoactive HR colour options

- Black
- White
- Red
- Light green
Custom apps and watch faces from Connect IQ™

Personalise vivoactive and vivoactive HR with free downloads from Connect IQ. Add data fields and widgets that provide stats at a glance, boost functionality with additional apps and customise the display with a variety of watch face designs.

Index™ Smart Scale

Step up to a healthier you, with Garmin Index Smart Scale, the connected scale with the metrics that matter.

- **Syncs wirelessly** with up to 16 different Garmin Connect accounts
- When you step on, Index Smart Scale recognises the specific user and **automatically uploads data** to that user’s Garmin Connect account
- Index measures the metrics that matter such as **Weight** (lb, kg, stlb), **BMI**, **Body Fat**, **Water Percentage**, **Bone and Muscle Mass**

Track your progress and challenge yourself

With Garmin Connect, you’re a part of our worldwide fitness community of millions of members. Review, relive and share your activity. Track steps, goals, sleep, weight and calories burned. Garmin Connect Insights provide cues to help you reach your health and wellness goals. Join groups to share your activity, motivate you and your friends with friendly competitions and leaderboards, and earn virtual badges.
<table>
<thead>
<tr>
<th>Feature</th>
<th>vivofit 2</th>
<th>vivofit 3</th>
<th>vivosmart HR</th>
<th>vivosmart HR+</th>
<th>vivomove</th>
<th>vivoactive</th>
<th>vivoactive HR</th>
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Activity trackers and smartwatches

Garmin.com/vivo

1 Compatible with iPhone 4s or later and most Bluetooth Smart capable Android devices (Android 4.3+ required) and Windows 10 devices. Must be within 9 metres of smartphone for notifications and auto-syncing.

2 HRM included with some models and available as an accessory for others. Other sensors available as accessories.

3 Battery life varies based on use and smartphone model.

Register your product at my.garmin.com to receive free software updates or new product information.
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